





Bankmore Square re-opened to the public on June 28th, 2023, following extensive regeneration work led by Linen Quarter BID and co-funded by Department for Communities, with support from Department for Infrastructure.

This temporary intervention has boasted the social space within the City Centre by relaying existing grass lawns and repairing existing paths within Bankmore Square, while adding new green features such as a wildflower garden and tree wrapped lighting to improve walkability at night. This alongside our extensive events and animation program in the Square has supported Bankmore Square to become a more safe, usable and accessible public space.

#### Linen Quarter BID

411 Scottish Provident Building Donegall Square West Belfast BT1 6JH

#### linenquarter.org





## **BANKMORE SQUARE** FREE SUMMER EVENTS PROGRAMME

FOLLOWING THE SUCCESS OF LAST YEAR'S PROGRAM, LQ BID'S BANKMORE SUMMER EVENTS SERIES IS BACK AND EVEN BIGGER THAN BEFORE!

THERE IS NO NEED TO BOOK ANY OF THESE ACTIVITIES, JUST SHOW UP AND ENJOY FOR FREE. SOME EVENTS WILL BE WEATHER DEPENDENT. SO IF IN DOUBT, DO CHECK OUR SOCIAL MEDIA ACCOUNTS FOR THE LATEST UPDATES OR EMAIL STEPHEN@LINENQUARTER.ORG OR CALL 028 9091 2997.



#### MON 22 JULY: 12-2PM

#### LAUNCH EVENT **ICE CREAM GIVEAWAY &** MUSIC BY CEEV

Drop by Bankmore Square as LQ BID launch our 2024 summer events program. We have 300 scoops of luxury Gelato to give away (including a vegan option!) Come early to avoid disappointment!



#### **EVERY MONDAY UNTIL 2ND** SEPT: 12.30 - 2PM **MUSIC ON MONDAYS**

Bring your lunch outside to the tables or lawn at Bankmore Square every Monday throughout the program and enjoy a range of music from the likes of NI Opera, NI Rock Choir and Rebecca Hall



### TUE 23 JULY: 5.15PM - 6PM

## **PILATES IN THE PARK**

Drop by afterwork for the guided Pilates session with Vita Wellness. Matts provided but bring your own if you can.



#### THU 25 JULY & THU 1 AUG: 12.30 - 2PM

#### TRAD THURSDAYS

Eimear Johnston returns with Terrific Tin Whistle and other Trad Music Performances in the square.



#### TUE 30 JULY & TUE 27 AUG: 12.30 - 1.15PM **OUTDOOR YOGA**

Join Eimear from Tula Yoga for an outdoor practice next to our wildflower meadow. A great way to get away from the screen and return to work more focused. Yoga Matts provided.



#### WED 31 JULY & WED 14 AUG: 12 - 2PM

#### **PICKLEBALL**

The fastest growing sport in America, this entertaining racquet sport uses a smooth paddle & wiffle ball and combines elements of Tennis, Badminton & Ping Pong. Coach Phil Wilson will be on hand to demonstrate and organise some fun games.



#### **SAT 3 AUG: 12 - 3PM** ART CART: ECO JAM

Wheelwork's mobile art unit will be at the Square where artists will deliver a range of eco themed activities for kids including Tie-dye Oragami Butterflies and Pomplebees -Pom Poms shaped like bees



### THU 8 AUG: 12 - 2PM **LINEN QUARTER CIRCUS**

Bring your lunch outside to witness a range of circus performances including stilt walkers, jugglers and unicyclists.



#### THU 15 AUG: 5 - 5.45PM KICKASS BANKMORE **BOOTCAMP**

Gary Milligan from Kickass Bootcamp, Winner of Fitness Class of the Year 2022, will provide a kickass exercise session designed to support, motivate and set the foundation for future fitness efforts.



# **WED 21 AUG: 12 - 2PM**

DONKEY DAY

Kinedale Donkeys will be setting up a temporary pen at the park, so you can come meet, pet and feed some of their donkeys!



#### THUR 22 AUG: 8AM - 11AM **BANKMORE BIKE MAINTENANCE**

Mike's Bikes will be on hand at the square to give your bicycle a quick MOT and general service, as well as making any light repairs required.

#### **WED 28 AUG: 10AM - 4PM** PEDAL POWER FOR NICHS

Join #TeamNICHS for a static cycle in the park to support local people living with chest, heart and stroke illnesses get back on their feet again.

Email stephen@linenguarter.org to get involved.

## **WED 4 SEPT: 12 - 2PM PARTY ANIMALS PETTING**

After you enjoy your lunch, come by and feed or pet some animals, from creepy crawlies to snakes, hedgehods, fluffies and more.



LINEN QUARTER BID RUNS EVENTS ACROSS THE DISTRICT THROUGHOUT THE YEAR, FOR MORE INFORMATION VISIT LINENQUARTER.ORG/EVENTS